

WELCOME TO THE OCEAN RESTAURANT

OCEAN SANDS
HOTEL

MENU

To Begin

SOUP OF THE DAY €5.95

Garlic Croutons, Home-made Guinness Brown Bread.
Allergens 1,7,9,12.

SHERLOCK'S FRESH CHICKEN WINGS €7.95

Marinated in Hoisin, Coriander & Chilli Sesame Sauce.
Allergens 1,6,9,11,12.

ATLANTIC SEAFOOD CHOWDER €8.95

Hake, Smoked Salmon, Prawns, Mussels & Salmon,
Home-made Guinness Brown Bread.
Allergens 1,2,4,7,9,12,13,14.

ROASTED BEETROOT & GOATS CHEESE SALAD €8.95

Walnut Crumble, Roasted Red Pepper drops, Baby Leaves,
Mustard & Honey Dressing.
Allergens 7,8,10. Vegan version available.

PORK BELLY BITES €8.50

Eight Hour Braised Crispy Pork Belly, marinated in Five
Spices, Pea Puree & Kelly's Black Pudding Crumb.
Allergens 1,3,6,9,10,12.

HEIRLOOM TOMATO & BASIL CROSTINI €8.95

Finest Heirloom Tomato on a Garlic Sourdough Crostini
& Basil Pesto.
Allergens 1,3,7,10.

PIRI PIRI TIGER PRAWNS €9.95

Garlic Chilli Piri Piri Tiger Prawns on Toasted Sourdough
Bread with House Salad.
Allergens 1,2,3,4,14.

Main Courses

8 HOUR SLOW BRAISED PORK BELLY €17.95

Marinated in Oranges & Five Spice, with Chive Mash
& Rosemary Jus.
Allergens 1,6,7,9,10,12.

GRILLED IRISH CHICKEN SUPREME €17.95

Wild Mushroom Whiskey Sauce with Chive Mash.
Allergens 1,7,9,10,12.

FISH & CHIPS €17.95

Fresh Fillet of Haddock in a Light Crispy Batter, Pea Puree,
Tartar Sauce, Hand Cut Chips & Baby Leaf Salad.
Allergens 1,2,3,4,10,12.

CATCH OF THE DAY MARKET PRICE

Daily Fresh Seafood. Please ask your server.

Main Courses

ROAST OF THE DAY €15.95

Mash Potato & Seasonal Vegetables. Please ask your server.

10oz STRIPLOIN STEAK €27.50

30 Day Aged, cooked to your liking, Café de Paris,
Sautéed Onions, Pepper Sauce & Home Cut Chips.
Allergens 1,6,7,9,10.

Reef Up with Tiger Prawn Add €5.00

VEGETARIAN STIR FRY €14.95

Wok Season Vegetables Stir Fry with Egg Noodles in Chilli
Soya Sesame Seed Sauce.
Add Chicken €3.00
Add Prawns €4.00
Allergens 1,2,3,6,9,11,12.

OCEAN SANDS CHICKEN CURRY €17.50

Stir Fry Chicken & Season Vegetables with Basmati Rice
& Poppadom.
Allergens 6,7,9,10,12.

SUMMER VEGETABLE CURRY €14.95

Stir Fry Seasonal Vegetables & Chickpeas with
Basmati Rice & Poppadom.
Allergens 6,7,9,10,12.

JAMESON WHISKEY 8 HOUR BRAISED BBQ PULLED PORK €14.95

Served on a Brioche Bun with Homecut Chips
& House Salad.
Allergens 1,3,7,9,10,11,12.

SHERLOCKS OF TUBBERCURRY BEEF BURGER €16.50

8oz Grilled Cheeseburger with Pesto Mayonnaise, Baby
Gem Lettuce, Sauteed Onions on a Brioche Bun. Served
with Homecut Chips & House Salad.
Allergens 1,2,7,9,10,11,12.

CHICKEN AND CHORIZO ARRABIATA €16.95

Penne Pasta tossed in a Lightly Spiced Tomato Basil
Sauce and Shaved Parmesan Cheese.
Allergens 1,3,7,9,12.

Sides

€3.00

MASH POTATO | RICE | MIXED SALAD
SEASONAL VEGETABLES

€3.95

HOME CUT CHIPS | ONION RINGS

ALLERGENS

1. Cereals containing gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk 8. Nuts 9. Celery 10. Mustards 11. Sesame Seeds 12. Sulphur Dioxide & Sulphites 13. Lupin 14. Mollusks



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