

WELCOME TO THE OCEAN RESTAURANT

OCEAN SANDS
HOTEL

MENU

To Begin

CHEF'S SOUP OF THE DAY €5.95

Served with Garlic Croutons and Homemade Guinness Brown Bread. Allergens 1,7,9,12.

KOREAN STYLE CHICKEN WINGS €8.50

Crispy Fresh Irish Chicken Wings in Korean Sticky Sauce served with Siracha Mayonnaise Dip. Allergens 1,5,6,8 (PEANUTS),9,11,12

ATLANTIC SEAFOOD CHOWDER €8.95

Hake, Smoked Salmon, Prawns, Mussels & Salmon with Homemade Guinness Brown Bread. Allergens 1,2,4,7,9,12,13,14

ROASTED BEETROOT & LOCAL CHEESE SALAD €8.95

Roasted Beetroot and Honey Black Pepper Zing Soft Cheese served with Toasted Pine Nuts, Baby Salad Leaves and Roasted Red Pepper Drops. Allergens 7,8 (PINENUTS),10. Vegan version available.

DUO OF PORK €8.95

Eight-Hour Slow Braised Pork Belly Croquette & Crispy Bites Marinated in Oranges with Apple, Pear & Celeriac Puree. Allergens 1,3,7,9,10,12

WILD MUSHROOM & AGED PARMESAN BRUSCHETTA €8.95

Mushroom Duxelles on our own Toasted Herb Sourdough Bread Finished with Shredded Parmesan Cheese. Allergens 1,3,7,10

PIRI PIRI TIGER PRAWNS €9.95

Garlic Chilli Piri Piri Tiger Prawns on a Bao Bun with House Salad. Allergens 1,2,3,4,10

DUCK LIVER PATÉ €8.95

Crispy Bread, Homemade Apple Cranberry Chutney with Baby Leaf Lettuce. Allergens 1,2,3,4,10

Main Courses

8 HOUR SLOW BRAISED PORK BELLY €17.95

Slow cooked Pork Belly Marinated in Oranges & Five Spice served with Chive Mash, Rosemary Jus & Roasted Celeriac Purée. Allergens 1,6,7,9,12

GRILLED IRISH CHICKEN SUPREME €18.95

Gratin Potatoes & Crème de Pignons de Pin Sauce, Honey Roasted Vegetables. Allergens 7,9,12,8 (Pine nuts)

FISH & CHIPS €17.95

Fresh Fillet of Haddock in a Light Beer Batter, Pea Puree, Tartar Sauce, Hand-Cut Chips & Baby Leaf Salad. Allergens 1,2,3,4,10,12

Main Courses

CATCH OF THE DAY MARKET PRICE

Ocean fresh Seafood. Please ask your server.

ROAST OF THE DAY €15.95

Mash Potato & Seasonal Vegetables. Please ask your server about today's Roast.

10oz STRIPLOIN STEAK €28.95

30 Day Aged, cooked to your liking and served with Cowboy Butter, Tobacco Onions, Flat Mushrooms & Brandy Pepper Sauce. Allergens 1,6,7,9,10,12

OCEAN SANDS CHICKEN CURRY €17.50

Chicken & Seasonal Vegetables served with Basmati Rice & a crispy Poppadom. Allergens 6,7,9,10,12.

SEASONAL VEGETABLE CURRY €14.95

Seasonal Vegetables & Chickpeas with Basmati Rice & Poppadom. Allergens 6,7,9,10,12

SMOKED BACON, CHICKEN & WILD MUSHROOM TAGLIATELLE €17.95

House Smoked Streaky Bacon, Chicken and Wild Mushrooms in a Carbonara Sauce, Finished with Aged Parmesan Cheese. Allergens 1,3,7, 9, Vegetarian Option Available

SHERLOCKS OF TUBBERCURRY GRILLED BEEF BURGER €17.95

8oz Grilled Beef Burger on a Brioche Bun with Melted Local 3 month Aged Alpine Style Cheese, Smoked Bacon, Home-made Smoked Ketchup & Tobacco Onions with Baby Gem Lettuce, Hand-Cut Chips & House Salad. Allergens 1,3,7, 10,12, Vegetarian Option Available

CHICKEN BURGER €16.95

Buttermilk Chicken Burger, Baby Gem Lettuce, Sriracha Mayonnaise, Brioche Bun served with Hand-Cut Chips & Salad. Allergens 1,3,7, 10,12

BBQ CONNAUGHT WHISKEY PULLED PORK BAP €16.95

Pulled Pork barbequed in Connaught Whiskey served with Winter Slaw, Sriracha Mayonnaise, Hand-Cut Chips & House Salad. Allergens 1,3,6,9,10,11,12

Sides

€3.95

MASHED POTATO | RICE | MIXED SALAD SEASONAL VEGETABLES HOME CUT CHIPS

GRATIN POTATOES €4.50

ALLERGENS

1. Cereals containing gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk 8. Nuts 9. Celery 10. Mustards 11. Sesame Seeds 12. Sulphur Dioxide & Sulphites 13. Lupin 14. Mollusks



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