

Welcome To  
The Ocean Restaurant

Table D'hôte  
Menu

## To Begin

### Chef's Soup of The Day

Garlic Croutons, Homemade Guinness Brown Bread. Allergens 1,7,9,12.

### Hot and Spiced Chicken Wings

Marinated in Chili, Paprika, Garlic, Franks Hot Sauce, Honey, Butter, Blue Cheese Dip. Allergens 1,3,6,10.

### Grilled Halloumi' Bruschetta

Heirloom Tomato & Grilled Halloumi on Brioche Bread, Finished with Basil Pesto. Allergens 1,3,7.

### Cajun Chicken Caesar Salad

Smoked Streaky Bacon, Anchovies, Garlic Croutons, Fresh Shaved Parmesan Allergens 1,3,4,10.

### Dozzio Cheese Salad

Candied Walnuts, Cherry Tomatoes, Red Onions, Cucumber, Red Pepper Drops. Allergens 7,8.

## Main Courses

### Roast of the Day

Please ask your server about today's roast, Mash Potato & Seasonal Vegetables. Allergens 1,3,7,9,12.

### Posh Fish and Chips

Fresh Filet of Atlantic Cod in Light Beer Batter, Citrus Caper Aioli  
Double cooked chips & Salad Garnish. Allergens 1,2,3,4,10,12.

### Grilled Irish Chicken Supreme

Creamy Mash Potato, Cider Mustard Crème, Roasted Summer Vegetables. Allergens 7,9,10,12.

### Ocean Sands Chicken Curry

Stir fry Chicken and Vegetables with Rice. Allergens 6,7,9,10,12.

### Sligo Beef Burger

8oz Grilled Beef Burger Bun with Melted Local 3 month Aged Alpine Style Cheese, Smoked Bacon, Outback Sauce & Red Onions with Baby Gem Lettuce, Hand-Cut Chips & House Salad. Allergens 1,3,7,10,12.

### Vegetable Stir-Fry

Noodles & Seasonal Vegetables with Asian Coriander Sauce. Allergens 1,3,4,6.

## Dessert

Choose your Dessert from our Full Homemade Dessert Menu

#### ALLERGENS

1. Cereals containing gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk 8. Nuts 9. Celery 10. Mustards 11. Sesame Seeds 12. Sulphur Dioxide & Sulphites 13. Lupin 14. Mollusks



OCEAN SANDS  
HOTEL

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