

Welcome To  
The Ocean Restaurant

Table D'hôte  
Menu

## To Begin

### Chef's Soup of the Day

Topped with Garlic Croutons and served with Homemade Guinness Brown Bread. Allergens: 1,7,9,10.

### Sticky Asian Glazed Chicken Wings

Marinated in a blend of Cnoic Glas Apiary Honey, Chili Pepper, Paprika, Garlic, Coriander, Sweet Chili and Hoisin Sauce and Black Sesame Seeds. Allergens: 1(barley),6,11,12.

### Warm Duck Confit, Figs & Grilled Pear Salad

Confit Silver Hill Irish Duck served with a delicious combination of Grilled Pears and Figs, Baby Leaves, Cucumber, Red Onions, Cherry Tomatoes and a Honey-Mustard Dressing. Allergens: 1,6,9,10.

### Venison Sausage

Seasonal Wild Venison Sausages served with a Blackberry Mustard Sauce, Baby Leaves and Caramelised Figs. Allergens: 1(wheat),10.

### Wild Mushroom Bruschetta

Toasted Sourdough Bread topped with a glorious combination of Wild Mushrooms, Truffle Oil, Dozio Cheese and Pesto. Allergens: 1,7,10.

## Main Courses

### Roast of the Day

Please ask your server about today's Traditional Roast.

Served with Creamy Mashed Potato and Seasonal Vegetables. Allergens: 1,3,7,9,12.

### Posh Fish & Chips

Fresh fillet of Cod in a light crispy Beer Batter served with a Prawn Skewer, Citrus Caper Aioli, twice cooked Chips and Salad. Allergens: 1,2,3,4,10,12.

### Tubbercurry Beef Burger

8oz Grilled Sligo Beef Burger in a Chipotle Bun, topped with melted local Alpine-style aged cheese, Smoked Bacon, Beef Tomato, Red Onions, Mustard Truffle Mayonnaise. Chips & Salad. Allergens: 1,3,7,10,11,12.

### Pumpkin Spinach & Ricotta Lasagne

A beautiful combination of Pumpkin, Spinach and Butternut Squash, layered with Fresh Pasta and Ricotta Cheese. Served with twice-cooked Chips and a Salad Garnish. Allergens: 1,3,7,9,10,12.

### Green Thai Chicken Curry

Homemade Curry, Fresh Basil, Coriander, Green Chilli, Lime, Ginger in light Coconut Milk Sauce, with a combination of Seasonal Wok Fried Vegetables.

Basmati Rice and Garlic and Coriander Naan Bread.

Allergens: 1,2,4,9,12,14.

## Dessert

Choose your Dessert from our Full Homemade Dessert Menu

#### ALLERGENS

1. Cereals containing gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk 8. Nuts 9. Celery 10. Mustards 11. Sesame Seeds 12. Sulphur Dioxide & Sulphites 13. Lupin 14. Mollusks



OCEAN SANDS  
HOTEL

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